



BACK TO SCHOOL

Checklist

BACKPACK

Keep the backpacks right near the door the night before

LUNCHBOX

Include a piece of fruit, chicken deli sandwich, juice box & a few extra snacks for that extra bit of energy needed for the first day of school!

PENCIL CASE

Don't forget at least one eraser, pencil sharpener, ruler, pen & pencil!

FIRST DAY OF SCHOOL OUTFIT

Send your kid off in style & include an extra sweater in case they feel cold

PLANNER

Make sure your planner is up to date with your child's schedule & make sure you leave room to meet the new teacher!

REST

Don't wait until the first day of school to start your new sleep schedule, plan ahead and start now so you both have enough rest for the big day!